2024 · WHAT ISSUES SHOULD I CONSIDER WHEN PURCHASING LONG-TERM CARE INSURANCE?



	YES	NO
 Are you concerned about outliving your income/assets? Do you want to protect a legacy to pass to your heirs? Do you expect to reach an advanced age at which you are likely to need assistance with everyday tasks? 		
If so, consider the following: There are six general categories of activities of daily living (ADLs); assistance with two or more will trigger the activation of benefits under most LTC policies. Cognitive impairments can also trigger LTC benefits, even if assistance with ADLs is not required.		
Do you wish to assess your likely need for LTC services? If so, consider the average use of LTC services and your expectations regarding your health and independence, in light of your personal circumstances.		
Do you have family who can provide and/or manage your care? If so, consider whether a policy pays for family caregivers and/or covers caregiver training.		
Do you need to consider how your family (i.e., spouse or adult		
children) might be impacted if you require LTC services?		
COVERAGE OPTIONS	YES	NO
	YES	NO 🗆

COVERAGE OPTIONS (CONTINUED)	YES	NO
Do you need to review the costs of LTC services? If so, consider the average annual costs of different levels of care in your community.		
 Do you need to review how your age and health affect your eligibility for coverage and pricing? If so, consider the following: Certain pre-existing conditions are a bar to qualification for coverage. Medical underwriting varies by insurer. 		
Do you want to insure for home health care, adult day care, assisted living, and/or nursing home care?		
Do you need help determining what duration and amount of coverage works for you?		
Do you want the option to purchase additional coverage in the future?		
Do you want reimbursement for home modifications, medical equipment, etc.?		
LTC FUNDING ISSUES	YES	NO
Do you have adequate personal savings to fund your anticipated LTC costs? If so, compare self-funding any future costs to paying up-front premiums for LTC insurance. Weigh the impact on your cash flow, asset base, and wealth transfer planning.		
Do you have an HSA? If so, you can pay a portion of your LTC premiums from your HSA, based on your age at year-end (\$470 up to age 40, \$880 up to age 50, \$1,760 up to age 60, \$4,710 up to age 70, \$5,880 over age 70).		
Are you married and seeking coverage for yourself and your spouse? If so, explore discounts for married couples.		
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POLICY ISSUES	YES	NO
> Do you need to review an insurer's quality? If so, consider the insurer's financial strength, reputation, and customer service ratings.		
Could an insurer increase premiums? If so, review the history and frequency of premium rate adjustments.		
Could you adjust your benefit amount, elimination period, and/or policy duration to control the costs of the policy?		
Do you need to review any restrictions or exceptions?		
Do you want inflation protection and/or nonforfeiture protection?		
Are you interested in any other riders?		
Do you need to determine what benefit payment best suits you? If so, compare fixed daily payments (i.e., cash indemnity) to reimbursement payments, subject to caps.		
TAX ISSUES	YES	NO
If you are contemplating self-funding, do you need to examine		

ı	TAX ISSUES	YES	NO
	If you are contemplating self-funding, do you need to examine the potential tax impact? If so, consider how relying on your retirement accounts and taxable portfolio might expose you to ordinary income tax, capital gains tax, Net Investment Income Tax (NIIT), and possible surcharges and/or penalties.		
	Do you have deductible medical expenses that approach 7.5% of your AGI? If so, premiums paid for a qualified LTC insurance policy can be included with other unreimbursed medical expenses (\$470 up to age 40, \$880 up to age 50, \$1,760 up to age 60, \$4,710 up to age 70, \$5,880 over age 70). If you itemize, you can deduct unreimbursed medical expenses (including LTC premiums) that exceed 7.5% of AGI.		
	 Do you need to review the federal taxation of benefits paid under an LTC insurance policy? If so, consider the following: Reimbursement benefits paid from a qualified policy are generally income tax-free. (continue on next column) 		

TAX ISSUES (CONTINUED)	YES	١
 Indemnity benefits paid from a qualified policy are income tax-free up to \$410 per diem, or your actual LTC expenses, whichever is greater. Payments that exceed the dollar cap, and for which no actual LTC costs are incurred, are included in taxable income. Benefits paid from a non-qualified policy may be subject to income tax. 		
Does your state offer tax incentives tied to LTC insurance		
coverage?		
MISCELLANEOUS ISSUES	YES	1
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Do you need to explore alternatives to traditional LTC insurance? If so, consider the following: ■ A linked-benefit life insurance product could offer LTC coverage if there is a need, or a death benefit if the policy isn't used to pay for LTC services.		
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